



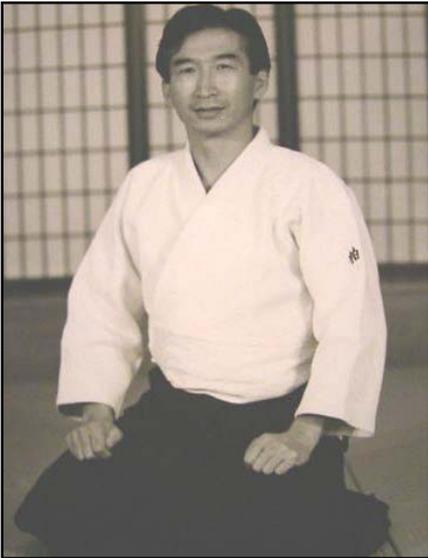
Maui Ki-Aikido

Fall 2004

hawaiiiaikido.org

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Guest Instructor to Teach Spring Seminar



Koichi Kashiwaya Sensei, who will teach the HKF Spring Seminar March 18 to 20, 2005.

Hawaii Ki Federation's Spring Seminar 2005 will be held on Maui in March and taught by a guest instructor. Koichi Kashiwaya Sensei of Seattle, Washington, is Hachidan, Okuden, Ki Lecturer, and the USA Advisor for Ki no Kenyukai Headquarters in Japan. He also heads the Midland Ki Federation on the US Mainland.

The seminar will be held at the Shunshinkan Dojo in Wailuku from 10am Friday, March 19 through 4pm Sunday, March 21, 2005. Members of Hawaii Ki Federation are especially urged to attend, but the seminar is open to participants from the Mainland and other countries, as well.

The first two days will feature Ki-Aikido classes. On Sunday, there will be Soku shin no gyo (misogi) after which Kashiwaya Sensei is slated to teach weapons classes. The brochure with schedule details and a registration form can be obtained from all Hawaii Ki Federation head instructors, or by download from hawaiiiaikido.org and also by calling (808) 244-5165 or emailing a request to mauiki-aikido@earthlink.net.

If participants register by February 14, the cost of the seminar is \$100 (under 18 and over 65, \$50) and if registering after that date, \$125 (\$65 for youth or seniors). Per day seminar fees are \$50 (\$25 for youth or seniors).

Kashiwaya Sensei is one of the very few Aikido professionals in the United States and travels extensively throughout America, Canada, and South America teaching Aikido and Ki Development.

Maui Students Bring Home the Gold



Shinichi Suzuki Sensei congratulates Chelsea Schneider (left) and Bree-Ann Tamaye on presentation of their gold and silver medals won at the 2004 International Taigi Competition at Ki no Kenyukai Headquarters.

At the World Camp and International Taigi Competition at Ki no Kenyukai Headquarters this past summer, two Maui high school students were making their first trip to Japan and their debut into international Aikido training.

Chelsea Schneider, 17, who started at Maui Ki-Aikido at the age of 7, and Bree-Ann Tamaye, 15, who had trained since age 8, had been working very hard for over 8 months to win the youth division of our Hawaii Taigi Competition in March, 2004, and to pass their Shodan tests in June. For their outstanding work, as well as their years of service as assistants to our children's teachers, they also won the first annual Shinichi Suzuki Ki-Aikido Youth Award, which brought with it a free trip to the Japan World Camp and Aikido International Taigi Competition.

On an absolute roll, these young women showed their Ki and great attitude during the World Camp days at Ki no Kenyukai and competed with excellence in the weekend Taigi events, winning the Gold in both Kengi and Jogi and the Silver Medal in the Selective Taigi category.

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Suzuki Sensei presents Olive Silva with her 50-year recognition from Master Tohei and Ki no Kenkyukai.

Olive Silva Receives the 50-Year Award

In recognition of her 50 years of spreading Ki and Ki-Aikido, Shinichi Suzuki Sensei recently presented Maui's own Aunty Olive Silva with a letter of appreciation from Shinichi Tohei Sensei, Deputy President of Ki no Kenkyukai, and a ceramic plate from Master Koichi Tohei, along with the hearty congratulations of all the Maui Ki-Aikido instructors and students.

Starting in 1954, she trained with Tohei Sensei and Suzuki Sensei, and along with other early Maui Aikido students, practiced and taught in branch dojos that were established in communities all over the island. Now godan, she still continues, at age 82, to regularly assist the teachers of the Monday, Tuesday and Thursday youth classes. Suzuki Sensei declared, "Olive Silva is the only woman in the world with 50 years service in Aikido."

Suzuki Sensei continued that, aside from Master Tohei, there have been up to this time only 4 people with 50 years of service in the Ki Society. They are Seichi Tabata Sensei in Honolulu, Olive Silva, Masao Shoji Sensei who taught in California and passed away recently, and himself. All of these people were from Maui had their Aikido roots in our dojo, now known as Maui Ki-Aikido. "We should be proud of our dojo," says Suzuki Sensei.

The commemorative plate that came with this award has written on it in Japanese calligraphy the following message from Master Tohei: "Let your Ki flow like a stream and never let it stop. Getting stuck on something, whether good or bad, is never good. The past does not return. Only human beings cling to the past. The Universe never ceases."

Endowment Fund Will Help Secure Dojo's Future

Maui Ki-Aikido's endowment fund is slowly but steadily growing. An important safeguard for the future of the Shunshinkan Dojo, the endowment fund gratefully accepts donations of any size, and all donations are tax-deductible.

Many thanks to all our wonderful supporters who are helping to disseminate the teachings of Shin Shin Toitsu Aikido.

Maui Students . . . continued from page 1

To top it all off, Maui Ki-Aikido received notice in October of another honor coming their way. At the suggestion of Ki no Kenkyukai Headquarters, due to their gold-medal wins, promotion of one rank each was offered to our young ladies. This honor was to be at Curtis Sensei's discretion, and he accepted with gratitude. After the first of the year, these two teenage girls will be Nidans, probably the youngest with that rank in the USA. To say that they were surprised is an understatement, but they vow to continue training hard and modeling excellence for all our Maui Ki-Aikido kids!

Other HKF participants also excelled and brought honor to the island delegation and our chief instructor, Curtis Sensei. Charles Boyer of HKF's Lokahi Dojo with his partner Nathan Patton from the Eastern Ki Federation, won the Silver Medal in Jogi, the Bronze Medal in Kengi, 4th place in Selective Taigi, and 6th place in Selective Taigi with Weapon.

The other participant pairs from HKF, Jeff Baldwin and Pat Gragas, and Chris Barense and Fincher Sterling, performed excellently in a highly competitive field of contestants from Japan and other countries.

The next Japan Taigi competition will not be until 2008, but participants from all over Hawaii who want to start honing their skills for that year can work toward competing in the second annual all-Hawaii Taigi Competition in 2005. It will be held next summer at Lokahi Dojo on Oahu from July 15 to 17.

See Our New Website!

The Maui Ki-Aikido website has been completely redesigned and combined with that of Hawaii Ki Federation. Please come visit us at: hawaiiiaikido.org

One new feature of the HKF site is a flash video that lets you preview a portion of Curtis Sensei's *Training with Bokken*, available on DVD and video (see Products).

Reflections on the HKF 2004 Fall Seminar

by Tracy Reasoner

This was my second seminar to Hilo, and I have to say that Hilo has some of the finest aloha in the HKF. The seminar was festive and included lots of fine hospitality, food and - of course - aikido.

This said, let me attempt to share with you what I learned this time around.

Have you ever gone to a movie and missed the first few minutes at the beginning? You're late getting there, or the popcorn line is slow. . . And as the movie unreels, you begin to wonder, "what's going on here? Why doesn't this make sense?" Well, finally it hits you! It's the first five minutes; if you had only been there for that! Let me tell you, seminars are just like that. If you are not really "there" at the beginning - that first five minutes - you can lose the whole thing. Nothing will make sense, and unlike a movie that you can see again, the seminar is an experience that is only now (IMA!).

Seminars really begin when you set yourself for this event. It occurs when you leave your home. It occurs when you enter the dojo. It occurs at every minute with your mind and body. Maybe your body is there but your mind is not. What counts is the presence of your mind and body when those first words "onegai shimasu." The attitude you bring with you, even the people who accompany you, will affect your experience. You must be 'present' the entire time, and let me remind you that the seminar does not end until the final words "thank you very much" are heard as you bow out for the final class.

The first evening in Hilo this year brought us Lynn Curtis Sensei teaching the children's class. Lynn Sensei leads the largest children program in the HKF, and her style is refined and inclusive with a message that could easily transfer into an adult class. Her positive nature and wonderful personality set the tone for what would be a terrific seminar. The children practiced ukemi and were soon bouncing around the mat like rubber balls. They were all inspired and exhausted by the evening's end, and I am sure their parents surely appreciated it.

The next two days were filled with Curtis Sensei clearly weaving a seminar that has become more and more refined. Curtis Sensei shared with everyone what he had learned at World Camp this year, showing everyone the subtleties and refinements that are carefully being conducted in our training. He demonstrated to us how there is no difference from the tone of our voice in counting to the movements made in a technique. Every sound, every movement is an expression of oneness. When we fail to realize these opportunities to share our unification with the universe we merely settle for a life of fragmentation. People die everyday during the transition from point A to point B. Failing to recognize the usefulness of being present every moment, we go on auto-pilot. We rely on the subconscious to fill the lapse of awareness. This may be fine if we have been filling our subconscious with ki breathing and meditation since birth. But most of us have not, and if not, this separation can involve a lapse or opening that is not present and filled with a deadness that permeates a lack of presence. Therefore, Curtis Sensei asked everyone to expand his or her awareness, to notice the subtleties and finer points, and to not settle for the illusion of separation. Transcend it and move beyond subject and object. This, I am sure, will be expanded upon in the future. Please check for our Sensei's latest transcript at www.hawaiiiaikido.org.

The seminar culminated with the first Joden Ki test in HKF history. HKF President and head instructor, Eric Nonaka, successfully passed his Joden Ki test. Maui instructor, Jeff Baldwin, also successfully passed his Chuden Ki test. We all send our congratulations to them for their dedication to the HKF and Shin Shin Toitsu Aikido.

Please be sure not to miss the next seminar on Kauai hosted by the Hanapepe Dojo on December 10 – 12. See you all there from beginning to end.

Curtis Sensei's archived articles and transcripts, including his most recent HKF Hilo seminar question and answer session, are available on the Ki Aikido Hawaii home page:

hawaiiiaikido.org

Shinichi Tohei Sensei to Teach in Las Vegas

Shinichi Tohei Sensei will teach the 2005 National Chief Instructors' Conference planned for June 22 to 26 in Las Vegas, Nevada. Scheduling and site coordination for this seminar are being done by Ed Grover of the Southern California Ki Society and a committee composed of a representative from each Ki society or federation across the country. Our representative from HKF is Jeff Baldwin of Maui Ki-Aikido.

A Las Vegas hotel will be where accommodations for the participants are arranged and where the entire seminar will be held. This is expected to be affordable and convenient for the instructors and students coming from all over the United States for this annual event. More information will be posted at the Ki Society USA website, <http://ki-aikido.net/KS-USA/Calendar.html>, and at our webside, hawaiiiaikido.org, as it becomes available.



Lyman Franco (above) and Aaron Villanova and Kyra Vila (below) were only 3 of the more than 70 children and teens who took promotional tests the week of October 10 through 15.

Olive Silva, recipient of the 50-year award on the night of the kyu tests, enjoys the post-test party with Aikido teens (standing l. to r.) Dayna Villanova, Veronica Sylva, Lauren Naruse and Allyson Higa, and (seated) Reece Ajifu, Kelsey Naruse and Jody Ann Tomooka.

Aikido Events Calendar

Listed below are Maui Ki-Aikido and Hawaii Ki Federation upcoming events. All events are at the Shunshinkan Dojo unless otherwise noted.

2004 End of Year Events

Fund-raiser ATV ride, Kula.....	Sun., Nov. 7
2004 Bonen Kai.....	Sat., Dec. 4
HKF Seminar	Kauai - Fri.-Sun., Dec. 10, 11, 12
Last Class and Omiki.....	Wed., Dec. 15
Children's Holiday Party.....	Fri., Dec. 17

2005 Events, Winter and Spring

Dojo Blessing, 7 am	Sat., Jan 1
Water Misogi.....	Sun., Jan. 2
First Class and Omiki	Wed., Jan. 5
Shinnen En Kai membership dinner	Sat., Feb. 19
HKF Spring Seminar on Maui	Fri.-Sun., Mar., 18-20
Upcountry Introductory Class	Tues., Apr. 5, 12, 19, 26
Children's Test.....	Sun., May 1
Adult Ki Test	Wed., May 4
Adult kyu Test.....	Fri., May 6
Curtis Sensei Europe Seminars	May 17 - June 1

Recycling Gi and Belts

The children's classes solicit donations of color belts after promotions and of outgrown gi (uniforms) at any time. The belts are given to other children, and the gi are passed along for a small donation to the dojo. Adult-size gi are also gratefully accepted. If you have a gi or belt that you no longer need, please consider adding it to our recycling program. If you need a gi, ask about available sizes. Thank you, as always, for your wonderful support.





Testing for 2nd kyu, Mike Malkovich throws his partner Fincher Sterling.



Dan Sidman puts a yonkyo lock on partner Rhyn Davies during their 3rd kyu test, October 15.



Beginning students Ada Horn and Mimmie Hofmann take their 5th kyu test. Both sisters started in Curtis Sensei's 2003 introductory class.



Partners Alex Schaeffer (nage) and Frank Sylva perform their 4th kyu test. Thirty adult and teen students took and passed 5th through 1st kyu tests in October.



“Book of Days” Commemorates Aikido History

Maui Ki-Aikido has published a keepsake book of days that chronicles the birth, evolution and development of Aikido on Maui and in Hawaii. It is filled with rare and historic photographs down through the past 50 years. Historic facts about Aikido in Japan and Hawaii also pepper the pages of this perpetual calendar and picture book. Published in 2003, it commemorates the 50th anniversary of Aikido in Hawaii and the West and includes portraits and candid photographs of Master Koichi Tohei, Shinichi Tohei Sensei, O Sensei, Shinichi Suzuki Sensei, and many other teachers and students.

Please see ordering information on page 6.

Order Form:

Please write in the number of items you are ordering after each price.

Ki-Aikido on Maui, 3rd edition, by Christopher Curtis Sensei (non-member) \$25 _____
Training manual used by all Hawaii Ki Federation dojos. (HKF member) \$20 _____

50 Years of Aikido in Hawaii, A Book of Days (non-member) \$20 _____
Perpetual keepsake calendar with historic photos that chronicle the birth, (HKF members) \$15 _____
evolution and development of Aikido, with rare photos of the founders.

Bokken Suburi Video - Training Aid (video) \$20 _____
Christopher Curtis Sensei performs the 8 Bokken Suburi, 10 repetitive (DVD) \$25 _____
bokken cutting exercises, Kengi 1 and 2, and Jogi 1 and 2, developed
by both Soshu Koichi Tohei and Shinichi Suzuki Sensei over the
past 50 years.

Meditation CD with Christopher Curtis Sensei \$15 _____
Breathe and meditate along with an actual Maui Friday night class with
Curtis Sensei, professionally recorded.

Subtotal of order \$ _____

Shipping: USA & Territories Add \$4, or International Add \$9 for each
1 video, or 2 books, or up to 4 DVDs or CDs \$ _____

Total amount enclosed: \$ _____

Check enclosed Visa or Mastercard

Card # _____

Expiration Date: _____

Signature: _____

Ship To: _____

email contact: _____

phone/fax: _____

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